

OUR SERVICES INCLUDE:

Licensed Therapists

Our therapists are trained using evidencebased best practice models, and provide Trauma-Focused Cognitive Behavior Therapy, psychoeducation, art therapy and Solution-Focused Therapy.

Youth Referrals

Referrals are made by schools, social workers, court systems, parents and family, hospitals, Children's Division, the Department of Mental Health, our community partner agencies, local police departments, and other treatment facilities.

Dorm-like Apartments

We have four units that our youth live in while receiving care and treatment. While in our residential programs, youth receive 24/7 around the clock care and supervision and transportation to and from their schools during the school year.

Recreation & Activities

Our kids need fun too, so we provide recreation and leisure activities on our 20-acre campus. We regularly schedule field trips and outings to help them stay connected to the community.

After-Care Services

After-care services are provided to the youth and family for an average of 3-4 months through outpatient support therapy and intervention to assist in the transition back home or to other arrangements.



Our positive approach to help youth reach their full potential

Our Vision Statement

Our vision is a safe and caring community where youth that are troubled and facing life challenges are provided positive life-changing opportunities that build character, self-respect and life skills to reach their highest potential. We are the guardians of hope for kids and their families.

How to Access Our Services

- **1.** Call our licensed program staff at 314-261-6011, or 314-791-1460 after 5pm.
- **2.** Complete the brief referral form at: saintvincenthome.org/programs-services/referral-intake/
- **3.** Our licensed program staff will set up an intake appointment







St. Vincent Home for Children 7401 Florissant Road St. Louis, Missouri 63121

saintvincenthome.org I (314) 261-6011









We typically serve 500+ youth between the ages 6 and 19 each year.





OUR MISSION

At St. Vincent we help youth facing significant life challenges through love, security, and therapeutic supports that enable them to improve their lives, their families, and the community.

Emergency Shelter Program

A 30-day temporary shelter program providing intensive mental health services and aftercare program for youth ages 10 to 19 with a goal of reducing their behavioral and emotional symptoms and enhancing decision-making skills and relationships. The Emergency Shelter Program helps youth and families resolve issues so that the youth can return home and be successful. For youth in challenging home situations, an extended residential stay may be provided. Our services include:

- Youth receive an intake assessment and are assigned to a licensed therapist who develops an individualized treatment plan
- Therapists teach conflict resolution, anger management, and violence prevention strategies
- Our therapists work with the youth and family with a focused goal of reunification
- We offer psychoeducation, skill building and life skills groups as well as mentoring and art therapy

Transitional Living Support and Street Outreach

A 30-to-90-day transitional living treatment program plus 6-month aftercare services for youth ages 15 to 19 with a goal of building life skills and self-sufficiency skills so they can transition into a successful career trajectory and living independently. The teens served by the Transitional Living Program are often homeless. Our services include:

- · An initial intake by an assigned therapist
- Individual and group therapy to learn money management, time management, relationship building, conflict resolution and decision making
- Support and guidance to locate and/or enroll in educational or vocational programs, build financial knowledge and improve job prospects

Youth receive substance abuse prevention and education along with therapy and intervention as appropriate.

Outpatient Support

The early intervention and Outpatient Support Program provides youth ages 6 to 19 with up to six months of early intervention outpatient therapy to address negative mental and behavioral health symptoms and relationship issues. The program promotes positive parenting skills, family integration, and can reduce the need for residential or other out-of-home placements. Our services include:

- We practice trauma-informed counseling to address the individual needs of our clients
- Each child and family is assigned a licensed therapist and receives an initial and ongoing assessment to identify key issues
- Our therapists provide crisis intervention when situations escalate
- Clients receive ongoing individual and family therapy from their assigned therapist
- Therapists teach positive disciplinary methods and the importance of setting limits
- We coordinate with schools to ensure wrap-around support